

# MEDEINA FOUNDATION

## PARTNER IDENTIFICATION FORM

### PARTNER ORGANISATION

PIC	925017318
Organisation ID	E10060759
Full legal name (National Language)	Fundacja Wspierania Rozwoju MEDEINA
Full legal name (Latin characters)	<b>MEDEINA FOUNDATION</b>
Country	<b>Poland</b>
Address	Sosnowiec city 41-200, ul. 3 maja 11
Email address	medeinafoundation@gmail.com
Facebook Fan Page	<a href="https://www.facebook.com/medeinafoundation">https://www.facebook.com/medeinafoundation</a>
Registration number KRS	0000544247
VAT number	PL6443509792
National Identification number / REGON/	360817788
Website	<a href="http://www.medeina.pl">www.medeina.pl</a>
Twitter	-

Type of Organisation	<b>non-profit organization</b>
Is the partner organisation a public body?	<b>NO</b>
Is the partner organisation a non-profit?	<b>Yes</b>
Total number of staff	10
Total number of learners	670
Number of followers on FB	191

### ACCREDITATION

Has the organisation received any type of accreditation before submitting this application?

Accreditation Type	Accreditation Reference
<b>Quality Label European Solidarity Corps</b>	<b>2019-1-PL01-ESC52-077473</b>

### LEGAL REPRESENTATIVE

Title	Miss
Gender	Female
First Name	Monika
Family Name	Sobańska
Department	Transnational Cooperation
Position	President
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Telephone 1	+48602314431
If the address is different from the one of the organisation, please fill in	
Address	Sosnowiec 41-200, ulica 3 maja 11
Country	Poland
Region	Silesia
P.O. Box	-
Post Code	41-200
CEDEX	-
City	Sosnowiec
Telephone 2	-

### CONTACT PERSON

Title	Miss
Gender	Female
First Name	Monika
Family Name	Sobańska
Department	Transnational Cooperation

Position	President
Email	medeinafoundation@gmail.com
Telephone 1	+48602314431
Skype:	monika.sobanskaa
If the address is different from the one of the organisation, please fill in	
Address	N/A

## BACKGROUND AND EXPERIENCE

### *Please briefly present the partner organization*

The aim of the Foundation is to promote sustainable human and community development in the accordance with natural environment. It is to be achieved through physical, sport, outdoor adventure projects and educational innovations.

The goals are reached by the following means:

- encouraging sustainable development of an individual and society in accordance with natural environment
- organizing educational projects aiming at sustainable development solutions, e.g circular economy, responsible fashion, food sharing, etc.
- popularizing physical activities, sport, outdoor adventure and responsible, mindful tourism
- promoting cultural and biodiversity
- encouraging the development of culture and the arts; preserving cultural heritage
- publishing goal-based materials
- encouraging community participation in social and volunteering work locally and worldwide
- elaborating programs, curricula and innovations on ecology and nature-based non-formal education
- production of the educational movies
- fostering young people's interest in green labour market and green lifestyle

Medeina's expertise covers area of non-formal ecological education and local eco-activism. We cooperate with different stakeholders to provide the holistic approach to ecological transformation which include joint efforts of third sector, public institutions and private entities. Our main contribution to the change is a green education and activation of young people in the schooling process and after that. We are experts in networking, non-formal education and building alliances between parties. Currently, we are involved in three European-level partnerships regarding circular economy, permaculture and active adaptation and mitigation of climate change. Medeina is working to boost responsible and inclusive entrepreneurship in accordance with the needs of environment in a spirit of win-win-win approach. We closely cooperate with local activists and monitor new tendencies in the agriculture, patterns of consumption (rise of consumer cooperatives), economy (including sharing and local economy) and city gardening. Our staff members have international experience in development projects, including those targeted at sustainable agriculture, development of agri-cooperatives, responsible agritourism and permaculture. We do observe and evaluate national and international food sovereignty and peasants rights initiatives, offering crosscut approach which include not only the promotion of certain mode of production, but also political and social rights of producers including right to quality jobs.

The Foundation has been set up to foster as well connectivity with nature, personal resilience by prevention of "nature deficits disorder". It operates to mainstream sustainable approach in the development the communities worldwide. The methodology organization elaborates is based on approach where nature plays an important role and is present as the environment, tool and content. The outdoor education promoted by MEDEINA is innovative due to a comprehensive combination of non-formal education methods, sport, outdoor adventure perspective, games and innovations with a wide range of self-development tools connecting participants with their "inner nature" and natural environment, such us:

- nature-awareness, wilderness, eco-coaching, nature elements workout, mountain therapy, empowerment hikes, survival.
- community building: group circles, Way of Council, outward bounds activities, energizers/team games, art of celebration, Rites of Passage, ceremonies, tools of group's empathy&care building, games, community making music
- body work: sport, physical activity, hiking, cycling, massage, active meditations, sensual/sensory workout, life energy flow/ high vibration states, breathwork
- mindfulness in outdoor
- creativity: natural art/land art, spontaneous dancing, choreotherapy, singing, community making music, sketches and drama, live performances, amateur/intuitional painting, body painting, world music&art festivals, networking with worlds famous/grassroot artists
- ICT innovations and gamification
- NFE youth work for sustainability and green solutions in communities

In 2019 Foundation acquired Quality Label and now implements volunteering projects within European Solidarity Corps, sending fewer opportunities youth to cooperate and work in eco-villages, eco-communities all over Europe.

### *Activities and experience of the organisation.*

#### **Erasmus+, Strategic Partnerships:**

-as Applicant KA2 Strategic Partnership Youth “**Youth´s BIO Learning-Empowering-Nurturing-Sharing**” 2020-2022. Exchange of good practices in the topic of the adaptation to climate change for youth workers in the non-formal and informal education sector and innovations production / transversal e-guide for youth workers about climate change/.

- as Applicant KA2 Strategic Partnership Youth “**Join the Circle with Erasmus+ Programme**” – 2019 - 2021. Exchange of good practices and innovations production of e-book about solutions for sustainable development - partnership project of Poland and Spain.

- as partner - Strategic Partnership Erasmus+ Youth “**PARTE Permaculture: A way to Renovate Traditional Entrepreneurship**” with Italian and Spanish youth organisations. 2019 - 2021. Exchange of good practices about permaculture, Dragon Dreaming and sustainable solutions.

- as Applicant: “**EURO-hike – youth empowerment through sport and nature**”, Action: Small Collaborative Partnership SPORT Erasmus+: Latvia, Portugal, Spain, Poland. 2019-2020. Within this project we work on innovative methodology of “**Empowerment hikes**” within local and international projects. The methodology presents program of outdoor activities that we can employ during the projects on the way, so as to empower participants, strenghten their personal, social, interpersonal competences, self-agency and connect them more to the natural world and basic needs.

## Outdoor Adventure Trips:

- as partner in 2016 Medeira implemented project «**Nature Elements of Madeira Island – empowerment trekking** » for 15 participants with the use of mountain therapy, deep ecology, wilderness and nature elements approach.

- 2015-2016 as partner: “**Arte-Maroko - women empowerment trekking to the highest peak of North Africa**” /6 editions/: intercultural activities, grass root learning, mindful tourism, African music&dance festival, empowerment trekking for self-development in High Atlas, artetherapy and creativity activities with locals

- as partner 2015-2016 Medeira implemented sport empowerment project “**Arte-Cycling Trip Arte Bornholm**”. Arte Bornholm project joins both: bike trekking across Danish Island Bornholm, art of celebration, creativity development and art therapy in outdoor. Except for wandering across the island participants created natural art in Scandinavian landscape - on the cliffs, stone rings, valleys and Vikings’ castles. The expedition was addressed not only to the muscles / cycling as a sport and physical activity/, but also to imagination, to people who like wandering and discovering their ability to create in nature. The project was great success.

## Support and projects in developing countries:

- Since 2017 Medeira Foundation support as well education and development of local youth and children in Ghana, by volunteering work, music&dance grass activities, grass root sport projects, non-formal education and schools’ support. Here we can disseminate the tools and methods of stimulating grass root sport activities in Ghana.

## KA1 Erasmus+:

-As a Training Course partner Erasmus+ “ **Wanderful - Pilgrimage and outdoor guided activities as a tool for personal development, learning and transformation**” with video shooting components

- As a Training Course partner Erasmus+ “**Game of wellness**” which aims to introduce and explore concept of “wellness” as a state of complete physical, mental, social and spiritual well-being and introduce practical and fun tools and strategies of promoting holistic health and personal development in young people and youth workers. Performed: December 2016.

- As a Training Course partner Erasmus+ “**Power of Circle**” granted. Project implemented in July 2017

- As a Training Course partner Erasmus+ “**Smile to life - positive psychology in youth work under the Erasmus+ Programme**” , prepared in 2017, resubmitted in October 2018, February 2019.

- as applicant Training Course Erasmus+ “**Nature as a teacher 2**” prepared and submitted in 2017, to be resubmitted in October 2018, February 2019.

- As a Training Course partner Erasmus+ “**Kinesthetic Learning Tools for youth work**”, prepared and submitted in 2017

- As a Training Course partner Erasmus+ “**Eat, play and sleep**”, prepared and submitted in 2017.

-As a Training Course partner Erasmus+ “**HeART - Healing through art (Art therapeutic practices for social inclusion)**”, prepared in 2017, resubmitted in February 2019.

- as Applicant: “**Re-connect - eco-centric youth non-formal education in Europe**”, KA2 Youth E+, preparation of the project launched in 2016, resubmitted in February 2018 /6 partners/.

- As a Training Course partner Erasmus+ **“Still in movement”**, submitted in February 2018.
- As a Training Course partner Erasmus+ **“Road to Wholeness”**, submitted in February 2018.
- as partner Youth Exchange E+ **“ECO vs EGO - Personal and social sustainability via Eco-centric development “**, prepared in 2017, resubmitted in October 2018.
- as Training Course Partner Erasmus+ **“Core of the leadership - leadership, tango and hiking”** - submitted in February 2018, Granted.Implementation in June 2018.
- as Training Course Partner Erasmus+ **“Entertaining financial literacy”** – granted. Implemented in July 2018 in Bulgaria.
- as Partner of Erasmus+ Youth Exchange **“Youth Promoting sustainability 2.0”** - submitted in February 2018 and October 2018
- Training Course Partner Erasmus+ **“Gamefication4Youth”** - granted in 2019. Foundation is a Partner. organised on April 2019 in Bulgaria.
- Training Course Erasmus+ **“Storytelling for Global Education”** granted. Organised in February 2019 in Italy.
- as a partner - Training Course Erasmus+ - **“EARTH, WIND AND FIRE”**, granted. Organised in September 2019 in Spain.
- as a partner - Training Course Erasmus+ **“Eco-centric development for inclusion and empowerment”**, granted. Organised in August 2019.

## Local/national/regional projects:

- as Applicant - **“Civic Academy of active seniors 60+ - active citizenship participation in Sosnowiec city”** funded by Institute of Freedom in Ministry of Social Affairs in Poland. 2019-2020. In the frame of this senior active citizenship project Medeina co-organised Cycling Marathon in Sosnowiec city, using the tool of **“bike participation”** as a efficient way of advocacy for senior interest in the city. There was 300 participants in the event.
- Medeina Foundation starts in May 2020 implementation of the **Local Solidarity Projects within European Solidarity Corps** which are run by the groups of local youth with the support of the foundation. One is devoted to raising youth’s interests in ecological attitudes and promotion of healthy lifestyle among youth in Silesia, another to Rites of Passage for boys, so as to enable healthy step into into adultery, diminish the endanger of social exclusion and risky behaviours among youth.
- Since 2019 Medeina Foundation runs **“European Club of Non-formal Education for youth and youth workers”** with the aim of the fostering engagement in local and European youth initiatives. The Club gathers currently 90 youngsters and youth workers who are interested in social/educational/sport projects, European active NFE and are willing to engage in educational projects. Club enable youth with the opportunities of European education.
- Medeina runs local project of **“Mini-expeditions”** in and out of the city. Local trips organised for the local groups to explore the natural environment and opportunities for leaisure time. It is organised by the means of special methodology and tools.
- We work on innovative methodology of **“Empowerment hikes”** within local and international projects. The methodology presents program of outdoor activities that we can employ during the projects on the way, so as to empower participants, strengthen their personal, social, interpersonal competences, self-agency and connect them more to the natural world and basic needs.
- organisation of the activities of the **Winter Swim Group** in the city of Sosnowiec. Regular practice with 150 people. The group promotes benefits of this practice for the body and psyche.

## European Solidarity Corps volunteering Projects:

In 2019 Medeina Foundation got Quality Label accreditation that enables us to support youth volunteering projects of European Solidarity Corps all over the world. The goal of those youth projects is to increase the interests of young people in working and engaging in green communities, eco-villages, natural production agriculture organisations, to widespread the green lifestyle among youth and reinforce European green labour market. By the autumn 2020 Medeina will start cooperation with eco-village in Spain /Kurkum Farm Association/, where it will coordinate youth green project for 2 years, supporting the development of green local community in Aragon region and raising life opportunities of young migrants residing in Poland.

## Topic: New Technologies, IT projects, gamification

Every year we take part in the national conference **“3.0 sector. New technologies for NGO”** in Warsaw, where we learn about innovations and new technologies for our organisation.

We take part in “**Women in Technology University**” in Warsaw, where we can debate and learn about IT innovations and women participation in this branch. This is great occasion to promote new IT / Gender projects, devices, solutions and ideas about promotion of women in IT. In cooperation with “Women in Tech” our colleague Natalia Habrajska had also organized meeting/workshops with professional VR designer and artist - Tomasz Weina “Virtual Reality for beginners? Potential of VR Technology” in Kraków.

- 2020 onward. In the beginning of the year we set up **EDUGames Club**, that elaborates new educational games to solve social issues and raise awareness about them. The Club gathers games designers, games facilitators and youth workers willing to cooperate together for the game innovations in educational projects we run.

## ***Information on the key staff/persons involved in this application and on the competences and previous experience that they will bring to the project.***

The organization gathers 10 management and education staff: psycho-theraputists, coaches, eco-trainers, non-formal education trainers, activists, instructors of eco-psychology and physical activities. They regularly acquire new skills and competences on the training, conferences and courses worldwide.

**Monika Sobańska** – founder of the organization. Since 2004 project coordinator in 68 local, regional, transnational projects. Fundraiser, non-formal education trainer, youth worker and dissemination expert. Initiator and coordinator of the transnational trekking empowerment project in Morocco, Indonesia and Danish Islands and other outdoor expeditions. Certificate from Trainers Academy for Non-governmental sector (STOP) and Holistic Trainers School in Poland; has trained different target groups since 2006; 2008-13 regularly run trainings in projects planning at Warsaw University. Youth coach in Youth Initiatives under Youth in Action Program. Areas of competences: project design, personal development, NGO management, creativity development, civic participation, human rights, innovations in education.

**Magda Kondas** - economist and anthropologist, interested in development aid, humanitarianism, peacebuilding processes and gender studies. Middle East and post-Soviet space expert. Currently pursuing her PhD in peacebuilding processes and their relation with economic independence of local actors in the Middle East. Experienced in working in intercultural education since 2015. Teacher during Summer Schools for Polish minority and Ukrainian Youth in Ukraine (Khmelnitsky), language teacher for Russian-speaking women migrants in Warsaw, currently providing language and cultural support to refugees and asylum-seekers from West Africa. Magda used to participate in YE herself where she learned useful elements of pro-integration and democracy training, including Betzavta method and the Theatre of the oppressed. Speaks Polish, English, Russian, learns Arabic.

**Piotr Wilczyński** - promotion and dissemination expert, coordinator of the social media campaigns. He is interested in studying graphic design and marketing. He likes to travel and discover foreign countries.

**Wiktor Kwinta** – coordinator of Ghana-Poland cooperation in Medeina Foundation, youth worker and trainer, ESL teacher, entrepreneur, traveler. Between 2000 and 2013 owner and regional supervisor of the Helen Doron Early English schools network in northern Poland. 2007-17 a volunteer in Freespirit Foundation – an NGO based in Poland operating in Moree, Ghana. Responsible for translations, also involved in fundraising and supporting the library project as well as the education of the number of Ghanaian children. Has been living in Elmina, Ghana, since January 2016 working as a youth worker in local community in Elmina. Community activist, involved in Akomapa Art Centre projects (Elmina), supporting Start from Ghana NGO in Mankessim, cooperating with Paramedics for Africa NGO, and occasionally with the Dream Football Foundation NGO in Cape Coast.

**Andrew Ritz** – outdoor and physical activity trainer, great experience in working with people in the nature: 1975-77: Army Youth Team – helping disadvantaged children through Outward Bound. 1979–2001: Part time ski instructor working both on snow and dry ski slopes for local councils and holiday companies. From 1995 - English language trainer and software IT developer, cooperates with NGO sector. Develops innovative educational methods for empowerment and Apps for NGOs.

**Piotr Pruchnik** – facilitator, trainer. Graduated in Math and Business in Warsaw University. For a long time was working in business sector around Europe. Traveled into Siberia and Peru to meet indigenous people and get to know traditional rituals. In India has learned traditional medicine Ayurveda, yoga philosophy and get certified in Ashtanga Yoga. Currently leads Man Circles and participates in the Meritum School for Non-formal Education Trainers. Since teenager he has been attached to sailing, started in the lakes and spreaded to the sea. Since over 20 years he has got helmsman certificate that allows him to run sailing expeditions on the sea. He has got experience in different sailing basin: Baltic Sea, Adriatic Sea, Mediterranean and Atlantic. Organizes outdoor expeditions to the nature and MINI-TRIPS – to the forest, in the mountains, rivers, lakes, etc. Dedicated to man, young boys - he supports them to regain and develop primeval masculine energy. His main idea is to support people to restore contact with nature.

**Adam Płociński** – youth trainer and psychotherapist Graduate from the Faculty of Law at the Jagiellonian University in Cracow and Clinical Psychology at SWPS University of Social Science and Humanities in Warsaw. Currently studying gestalt at IIPG Institute in Cracow. He completed a one-year GPO program (International Program for Gestalt in Organizations). He has experience in working

as managing director in a big institution. Author of publications in the field of law and reportages from the borderland of cultures. Interested in dance and movement as a tools in youth work. Dance improvisation practitioner.

**Ewa Szkudlarek** - Public relations and marketing manager specialized in creative industries (especially film production and startups). She received her master degree in film production at Silesian University as well as master in economics at University of Economics in Katowice. She also completed postgraduate studies in European Academy of Diplomacy. During 7-years activity in the film industry, she was involved in many creative projects connected with feature and documentary films production, events, festivals and IT industry projects.

**Kamil Szewczyk** - youth worker in the organisation. Manages a financial services company at day, worldchanger at night. Software developer (databases, server side/backend), IT specialist, team manager, an enthusiast of Agile and related methods. He has been designing independent video games for 20 years. Recently, he is involved in designing socially engaged games that aim at sensitizing the recipient to the problem of exploitation of workers in factories in developing countries in the Far East, human rights violations and mechanisms of economic pressure in the capitalist economy. He is deeply interested in promoting Fair Trade in the global economy and innovations in non-formal education. He has been running a blog about educational and ideological values and socially involved video games grydd.pl, since 2013

**Martyna Leszczyńska** - European Solidarity Corps project coordinator; graduated from the University of Łódź with a master's degree in Law. Experienced in working with a multicultural team. During her studies she was an active member of the Erasmus Student Network. As a board member, she coordinated human resources and other projects, also for foreigners. She participated in Erasmus+ student exchange in Spain - Seville. Passionate about travelling, people and culture of other countries, outdoor activities, human rights and environmental issues. She took part in a long-term EVS project in Bolivia, where she worked for human rights organisation - Asamblea Permanente de Derechos Humanos in La Paz and prepared a series of workshops on entrepreneurial skills for the indigenous women and local community.

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## ***Dissemination and impact***

MEDEINA (PL) will count for a wide network of public institutions in Silesia Region in Poland:

Education and Community Development Commissions in Sosnowiec Municipality, Youth Council in Sosnowiec city and Katowice, Senior City Council in Sosnowiec city.

We work with different municipality units, such as: Promotion City Center, Center of Volunteer Service, NGO Center in Sosnowiec city - SCOP. We use their resources and networks as well / mailing lists, websites, FB/.

At international level, around 40 active NGOs from European countries will be contacted /Medeina transnational network via mailing and FB/.

Medeina runs its activities in Ghana as well cooperating with Start from Ghana foundation, so there is possibility to disseminate results outside the Europe, in developing countries, especially those based on creative youth work.

Medeina Foundation currently develops the network of cooperating green organisations all over the Europe and established relevant contacts with the umbrella organisation GEN /Global Eco-Villages Network: [www.ecovillage.org/](http://www.ecovillage.org/) with the aim of mainstreaming green, sustainable communities ideas.

Medeina just joined the youth participation DYPALL Network (Developing Youth Participation at Local Level) which is a European platform of over 60 civil society organizations and local authorities from more than 30 countries, that aims to involve young people in decision-making processes at the local level, and thus enable municipal and regional authorities to address the needs and interests of youth, engage young people as active actors of problem-solving and increase the level of ownership, commitment and involvement of an important part of our communities.

YP Lab is a resource and mobility centre within DYPALL Network with the focus on research development and capacity building in the field of local youth participation. For more information: <http://dypall.com>

Medeina has important contacts with organisations and partnerships that will be involved in the dissemination of results:

- public and private universities in Poland /Silesian University in Katowice, Warsaw University, Private Humanitas University in Sosnowiec – some of the Medeina staff works there/, 4 Universities of the Third Age in Sosnowiec city
- teachers and heads of 13 schools in Upper Silesian Metropolitan Area and in Poland- 2 Schools of Special Needs in Sosnowiec, High School of Fine Art in Dąbrowa Górnicza, Wild Democratic School in Tychy city Alternative Primary School “Our Good School” in Katowice city, Democratic School in Gliwice city, Free School Bullerbyn in Warsaw, Free School in Warsaw, Free School in Cracow, Natural Free School in Tychy.
- We have strong links with 4 Senior Universities of the III Age in Sosnowiec, few Seniors Clubs in Sosnowiec city and Senior City Council in Sosnowiec, that we established with senior activist in local community.
- Foundation closely cooperates with educational organizations all over Poland in the areas of: non-formal education, sustainability, permaculture, nature awareness, circular economy, self-development, eco-psychology, deep ecology, social inclusion of vulnerable groups: women, seniors, disadvantage groups. Dissemination of the project results will be

addressed to those organisations, their staff and learners.

**Organisations for NFE staff:**

Academy of Holistic Trainers in 5 Polish cities / 22 staff and 230 learners - non-formal education trainers/  
Meritum School of NFE trainers / network of 700 graduates active in NFE sector/

**NGOs:**

Living Education Foundation in Katowice  
Ecology Think Thank in Katowice,  
All Living Creatures Foundation/ in Katowice  
Educational Center "W Polu"  
The Wild Foundation in Tychy  
Wild Side of the City Association in Katowice  
Spread the Wings Foundation from Sosnowiec  
Women Congress in Poland and Women Congress in all the regions in Poland /16/  
Opus Humanum Association from Sosnowiec  
Carusel Foundation from Warsaw  
Foundation Ambrosia from rural commune in Silesia region - Ormontowice  
BEZ - non-formal eco-group in Katowice  
PTTK - Polish Society of Tourism - the biggest sport organisation in Poland

**Green youth informal movements:**

Youth Green Strike / national, regional and local structure of young activists/,  
Primal Forest Camp  
Silesian Climate Movement

- Medeina will disseminate results and info about the project in a very large network of experts, youth trainers, youth workers, teachers, coaches, educators, activists, facilitators, staff of the youth organizations and large network of our youth learners and youth projects' participants.

Number of people who can be informed about results: 1700

Number of learners: since 2015 - 670 participants

Dissemination and promotion channels:

- Website: [www.medeina.pl](http://www.medeina.pl)
- Few FB Fan Pages that we run:  
<https://www.facebook.com/medeinafoundation/> / 190 fans/  
<https://www.facebook.com/EVSinAWA/> / 9000 young people in Poland/  
<https://www.facebook.com/WyprawaMocy/> / 4250 people interested in outdoor trips/
- Newsletter to 800 subscribers
- Network of 40 European educational organizations - e-mailing
- Network of 22 transnational organizations / Africa, Afghanistan, Asia, Scandinavia, US, Caucasus/ - e-mailing
- Direct contacts with local/regional organizations/institutions in Poland
- We run European Club of NFE for youth and youth workers - 90 members, we ll reach them by emails and social media, direct meeting in the seat of the organisation
- we ll disseminate results of the project in local and regional media by the means of excellent media relations in Silesia region in Poland / network of 24 journalists cooperating with Medeina/
- Medeina has got at the disposal Google Adwords Grant that enable to runs promotional and dissemination internet campaigns at very large scale

Write the number of disadvantaged people among your staff: 4

Difficult situations these people are facing:

Economic obstacles

Geographical obstacles

Educational difficulties

Health problems

Social obstacles

**How we can support participants with fewer opportunities:**

Participants with economical problems - will need full reimbursement of the costs of the participation.

Participants with geographical obstacles will need definitely at least one day for travel and support in buying the tickets.

Participants with educational problems will need support person to prepare them before the trip and to deliver them educational materials/manuals - how to prepare and what they may encounter.

Participants with social obstacles /from single-parent family, divorced families, self-sufficient mothers/ , due to the high level of

insecurity - will need that somebody from the partner organisation support them individually and directly, so as to make sure everything will be ok.

Participants with health problems - will have to announce their obstacle before the trip and ensure that they will take all the medecins with them. Hosting organisation will have to know about the nature of the health problem, so as to be prepare for the potencial emergency situation. They will need to deliver medical statement from the doctor to the organisers.

### **Target groups that Medeina is working with:**

1) Since 2019 we run “**European Club of Non-formal Education for youth and youth workers**” with the aim of the fostering engagement in local and European youth initiatives. The Club gathers currently 90 youngsters and youth workers who are interested in social/educational/sport projects, European active NFE and are willing to engage in educational projects. Club enable youth with the opportunities of European education. In the Club there are gathered youth leaders and youth workers who participate in our youth projects, e.g. Solidarity Projects within European Solidarity Corps.

2) **Local Youth of fewer opportunities** from the special needs schools in Sosnowiec city - these are people with light mental disability, coming from the families endangered with social exclusion, family at risk.

3) **Youth Workers** 18-30 years old from Poland and other European countries, Caucasus, Carribean, Turkey cooperating with the special needs and alternative free schools in Silesia region in Poland within the projects of European Solidarity Corps - former participants and current ones - network of 330 people.

4) **Youth green activists from NGOs and informal green movements** - we cooperate with this group running local European Solidarity Projects and by networking and common implementation of the youth projects.

5) **Local, regional and national politicians and decision-makers in Poland** - some of them are among our members and cooperate in frame of Medeina projects: Senator Office of Mrs Joana Sekuła, President of Sosnowiec Municipality Council Mrs Ewa Szota, Member of the Regional Council in Katowice city - Mrs Alina Bednarz, EU MP and candidate for the president position in the last elections - Robert Biedroń, Vice-president of the Senate - Mrs Gabriela Morawska - Stanecka. Medeina staff is a member of the women network in politics.

6) **Staff of Green NGOs, parties and informal organisations** - we have a network of 22 cooperating green NGOs and informal groups resulting from our previous common actions, study visits, training courses, including political parties

### **EU Fundings / granted in green/, submitted as applicant - in orange**

<b>EU Programme</b>	<b>Year</b>	<b>Project Identification or Contract Number</b>	<b>Applicant/Beneficiary Name</b>	<b>Project title</b>	<b>Grant requested</b>
Erasmus+ KA1	2020	2020-3-LT02-KA1 05-007270	VšĮ Aktyvi kultūra	Wild Camping	
Erasmus+ KA1	2020	2020-3-RO01-KA 105-095173	Asociatia Kilato	Forum Agrarium	--
Erasmus+ KA1	2021	2020-3-SI02-KA1 05-015773	ZAVOD SOFIZ	Mind full or Mindful?	---
Partnerships for Creativity (KA227)	2020	KA227-22A7E848	MLADIINFO SLOVENSKO	SCULPTURE	



Erasmus+, Partnerships for Digital Education Readiness (KA226)	2020	KA226-22ECE321	Asociación Raíces	Educación Percusión	
Erasmus+ Ka105	2020	2020-2-HU01-KA105-078989	Euniors Ifjusagi es Sportegyesulet	A VÍZ FORMÁI	----
Erasmus+ Ka105	2020	2020-2-SI02-KA105-015609	Zavod Aspirazavod za razvoj posameznika in družbe	"Kinetic youth-move to grow"	----
Erasmus+ KA3	2020	624799-EPP-1-2020-1-PL-EPPKA3-EU-YHTOG.	Medeina Foundation	GreenME	500 000 Eur rejected
Erasmus + KA105	2020	2020-2-HR01-Ka105-077977	Outward Bound Croatia	Waste! From global challenges to local solutions	18.700,00 EUR
Erasmus+ KA105	2020	2020-2-PL01-KA105-082862	Medeina Foundation	PEACE GAMES 2020	24 695 EUR rejected
Erasmus+ KA105	2020	KA105-C63E8B52	One Terrene International	Jobs of the Decade Ahead	---
Erasmus+ KA205	2020	KA205-58797D7E	MEDITER - RESEAU EURO-MEDITERRANEEN POUR LA COOPERATION A.I.S.B.I.	Promoting planetary health education as a means to protect Earth's natural systems	rejected
ESC, Volunteering	2020	2020-2-PL01-ESC11-082938	Medeina Foundation	Eco-Life - youth for sustainable development in Europe	84 918 Eur
Erasmus+ KA205	2020	2020-1-PL01-KA205-080293	Medeina Foundation	Youth's BIO Learning-Empowering-Nurturing-Sharing	123840,00 EUR
ESC, Solidarity Projects	2020	2020-2-PL01-ESC31-082752	Medeina Foundation	Dance - dialogue between generations	rejected

Erasmus + KA105	2020	2019-3-PT02-KA105-006397	ASSOCIACAO EDUCATIVA NACIONAL DE INCLUSAO E INOVAÇÃO NAS ESCOLAS	Dance, Hope and Beyond between Youth	----
Erasmus+ KA204	2020	2020-1-PL01-KA204-081741	Medeina Foundation	KOMPAS: methodologies and tools for collective entrepreneurship and social activism	158980 eur
Erasmus+ Sport	2020		Active Society NGO	"The city is our arena"	rejected
Erasmus+ Sport	2020	622829-EPP-1-2020-1-TR-SPO-SCP	Innovative Education Center, Austria	PARKS ARE HOME FOR NATURE AND SPORTS (PARKNEST)	rejected
Erasmus+	2020	2019-3-IT03-KA105-017509	Associazione Teatro invisibile	Integration map	
Erasmus+	2020	2020-1-PL01-KA104-079553	Medeina Foundation	"Rural development through Adult Education"	rejected
European Solidarity Corps	2020	2020-1-PL01-ESC31-080664	Medeina Foundation	Męska Sprawa - jak chłopiec staje się mężczyzną	3444 eur
European Solidarity Corps	2020	2020-1-PL01-ESC31-080527	Medeina Foundation	Direction: Eco-Zaglebie	7588 eur
Erasmus+	2019	2019-3-CZ01-KA105-077018	VICE VERSA CZ ZS	Start Acting Up! - Exploring theatre as a tool for youth participation and social change	
Erasmus+	2019	2019-2-ES02-KA2015-013620	Asociación cultural y medioambiental Permacultura Cantabria	PARTE Permaculture: A way to Renovate Traditional Entrepreneurship	
Erasmus+	2019	2019-2-ES02-KA105-013785	Asociación cultural y medioambiental Permacultura Cantabria	Dinámicas Adaptadas para Nuevos y Colaborativos Espacios para la Juventud	
Erasmus+	2019	2019-1-RO01-KA105-062071	Asociatia Dreams for Life	Eco-centric development for inclusion and empowerment	
Erasmus+ KA204	2019	2019-1-PL01-KA204-065196	Medeina	KOMPAS: metodologia i narzędzia dla Kolektywnej Przedsiębiorczości i	rejected

				Aktywizmu Socjalnego.	
Erasmus+	2019	2018-3-BG01-KA105-061185	NARODNO CHITALISHTE BADESHTE SEGA 2006	Въвеждане на геймификация и геймсторминг в младежката работа, KA1	
Erasmus+	2019	KA105-4144B1E8	Medeina	Youth mobility (KA105) Escape Bulgaria	
Erasmus+	2019	KA105-FEE585AD	Medeina	Youth mobility (KA105) Core of Leadership 2	
Erasmus+	2019	KA105-0A429F28	Medeina	Youth mobility (KA105) Nature as a teacher 2 - eco-centric education for youth green empowerment and sustainability	
Erasmus+	2019	KA105-A3CF45E1	ASS A RUOTA LIBERA ONLUS	Youth mobility (KA105) PlayFORinclusion	
Erasmus+	2019	KA105-E4808A6E	Asociatia Dreams for Life	Youth mobility (KA105) Eco-centric development for inclusion and empowerment	
Erasmus+	2018	KA105-2C279C25	Coyote Initiatives CIC	Youth mobility (KA105) Storytelling for Global Change	
Erasmus+	2018	KA105-DE96A97B	Harmonii coaching	(KA105) EARTH, WIND AND FIRE	
Erasmus+	2019	2018-3-CZ01-KA105-059886	ViceVersa team	Training Course E+ "Storytelling for Global Action".	
Erasmus+	2019	2018-3-PL01-KA205-061049	Medeina	KA2 Strategic Partnership „Dołącz do CIRCLE z programem Erasmus +"	118010,00
Erasmus+	2019	KA105-253C3219	NC Future now Bulgaria	Training Course E+ "Gamefication4Youth"	
Erasmus+	2018	603554-EPP-1-2018-1-PL-SPO-SSCP	Medeina	Euro-HIKE - youth empowerment through outdoor sport, Sport Action Erasmus+	55 000 Euro
Erasmus+	2018	2018-2-DE04-KA105-016867	Eden	Training Course E+ "Growth Embodied"	
Erasmus+	2018	2017-03-BG01-KA105-46768	NC Future now Bulgaria	Training Course E+ "Entertaining financial literacy"	

Erasmus+	2017	2017-3-LI02-KA105-00054	Symbiose Gemeinschaft	Training Course E+ "Core of leadership "	
Erasmus+	2016	2017-1-SK02-KA105-001304	Preles	Training Course E+ "Game of Wellness"	
Erasmus+	2016	01-KA105-024234	Dobroti	Training Course E+ "Power of circle"	